



All Texas Retreat and Conference Pre-Treats

**FREE
WEBINAR
SERIES**

1/17/23	10:00 a.m. CST	Janeen Antonelli, PCC	What Every Coach Should Know About Group Versus Team Coaching
2/7/23	12:00 p.m. CST	Lizette Warner, PhD, PCC	Power, Poise, and Presence to Elevate Your Coaching
2/21/23	6:00 p.m. CST	Tracy Winter, PCC	Braaaaains: Neurodiversity and Coaching
3/7/23	6:00 p.m. CST	Laurie Hall, PCC	Guided Drawing and Brainwriting for Individual and Group Coaching

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Janeen Antonelli, PCC

What Every Coach Should Know About Group Versus Team Coaching

1/17/23 at 10:00 a.m. CST

Have you ever wanted to know more about group coaching and team coaching – what’s the difference? Or wondered how to move beyond one-on-one coaching to coaching clients in groups? Then this workshop is for you! Janeen helps differentiate group coaching from team coaching and shares some best practices tips and reflections for group coaching with impact. She will cover common mistakes that coaches make in group and team coaching – and how to avoid them. We’ll also explore ways to add group coaching to the coaching services you offer now.

As a participant, you will learn how to:

1. differentiate between (and define) group and team coaching
2. coach individuals in a group to awareness, goal setting, strategies, and growth
3. incorporate best practices in your group coaching
4. avoid common mistakes in group and team coaching
5. add group (or team) coaching to your coaching practice

ABOUT JANEEN:

Janeen Antonelli is a Professional Certified Coach (PCC) and EMCC-certified International Systemic Team Coach (ITCA) who helps emerging leaders, teams, and organizations to explore new perspectives and amplify their impact. As the Assistant Director for Coaching at The Doerr Institute for New Leaders at Rice University, she oversees the planning and delivery of one-on-one and group coaching initiatives for undergraduate and graduate students, faculty, and staff, and designs and implements evidence-based practices and programs to support strategic leader development initiatives. Janeen also oversees the hiring, training, and management of a bench of 50 professional coaches who support these programs.

Janeen holds an Ed.D. in Professional Leadership and is a former faculty instructor and researcher at the University of Houston specializing in human development, emotional intelligence, and self-regulation. During the pandemic, she served as Director of Professional Development of the ICF-Houston Chapter.

Registration Link: <https://us06web.zoom.us/meeting/register/tZckcOCrrDkrHtxaqpq4W5QaXLsKeGwP60WX>



Lizette Warner, PhD, PCC

Power, Poise, and Presence to Elevate Your Coaching

2/7/23 at 12:00 p.m. CST

Drawing on Lizette's experience in healthcare research and leadership coaching, she will present topics from her newly published book *Power, Poise, and Presence: A New Approach to Authentic Leadership*. She will share how you can harness the power of biomarkers to tackle doubt and fear so that you can embrace being a powerfully poised and present coach despite any circumstances. Lizette presents principles, techniques, research, and stories from clients and her life to show attendees how to lead with clear communication and poise amid discomfort and uncertainty. Her approach cultivates confidence and presence amid emotions or turmoil in order to help clients create transformational outcomes.

Participants will discover a:

1. model for how to mentally and emotionally prepare for coaching sessions
2. process to enhance their ability in navigating uncertainty during the coaching process
3. secret formula for challenging the client, one they will never forget

ABOUT LIZETTE:

Lizette Warner, PhD, is the Sr. Director of MR Oncology Collaborations for Philips, speaker, writer, and executive coach who turned her hand to writing after discovering a passion for helping struggling professionals through career crisis and renewal. Lizette shows her clients how to embrace "Perfect poise isn't perfect" helping professionals go be brilliant.

Lizette earned her PhD from Mayo Clinic School of Medicine and a PhD in Biomedical Engineering from Mayo Clinic Graduate School of Biomedical Sciences. She has a Masters degree in Leadership and Organizational Development from The University of Texas at Dallas. She is an ICF Professional Certified Coach (PCC).

Lizette lives in the DFW area with her husband, a spastic Irish Wolfhound, narcoleptic English Mastweiller (Rottweiler/Mastiff mix) and welcomes her nomadic children back home in between their adventures. **Power, Poise, and Presence: A New Approach to Authentic Leadership** is her debut non-fiction book and her mission.

Registration Link: https://us06web.zoom.us/meeting/register/tZUocO-urjkjEtEwaWB7mefqSwt3nUD_e9_P



Tracy Winter, PCC

Braaaaains: Neurodiversity and Coaching

2/21/23 at 6:00 p.m. CST

Neurodiversity is a hot term these days and with good reason. Neurodiversity is about differences in the brain that cause people to interact with the world around them in a variety of ways. It doesn't necessarily refer to a deficit in brain function, just differences in the way people socialize, learn and perform various mental tasks.

Fifteen to twenty percent of the world population is estimated to be neurodivergent in some way. Coaching fits beautifully with the neurodiversity movement as we assume that our clients are creative, resourceful, and whole, not broken or needing to be fixed in some way. But often coaches are hesitant to work with neurodivergent clients. Come to this presentation to learn about neurodiversity, the experience of being neurodivergent, and how you can partner with your neurodivergent clients to move them forward.

After this session, participants will be able to:

1. define neurodiversity and different neurotypes
2. discover each client's individual experience of being neurodivergent
3. synthesize coaching principles with the unique needs of neurodivergent clients

ABOUT TRACY

Dr. Tracy Winter is a leadership coach specializing in neurodiversity. She enjoys coaching clients who are gifted, ADHDers, autistic, dyslexic, and more. Each client she meets has a unique brain that deserves its own unique approach, and she partners with her clients to use their strengths to reach the outcomes they desire.

Tracy trains new ADHD coaches and is a mentor coach for students at the International ADHD Coach Training Center. She also facilitates leadership development training with organizations such as Tesla and has been an adjunct professor at The Chicago School of Professional Psychology.

Tracy earned her Ph.D. in Human Development, her MA in Human and Organization Systems, and her Evidence-Based Coaching Certificate from Fielding Graduate University. Her dissertation focused on the social-emotional needs of highly gifted adults.

She serves as president of the Austin chapter of the International Coaching Federation (ICF) and holds an ICF credential as a Professional Certified Coach. And she can jump-rope tap dance.

Registration Link: <https://us06web.zoom.us/meeting/register/tZEvcuCprD8oH92CaloJaY9PvZoepgsiicmr>



Laurie Hall, PCC

Guided Drawing and Brainwriting for Individual and Group Coaching

3/7/23 at 6:00 p.m. CST

Coaching allows our clients to connect with themselves on a deeper level, sometimes our clients need a new way to access their subconscious. Join us for this interactive presentation to experience these guided drawing and brainwriting yourself and see what rises to the surface in your own world. No artistic skills required!

New Horizon Strategies has used this technique with individuals and groups with clients for almost 5 years with amazing results. We first learned of these techniques at an Elisabeth Kübler-Ross "Growth and Transition" workshop in 2012 and while facilitating the 3-day "Leading Yourself and Others" at the world's largest chemical company. We'll start with a quick review of the conscious competence model. Then dive into a drawing activity and then a brainwriting activity. You will leave with an understanding of where and how these tools can apply when your clients need a different way to access their inner world.

From this session, you will:

1. connect more deeply with yourself using guided drawing and brainwriting
2. learn how and when to use guided drawing and/or brainwriting with your clients
3. collaborate with your fellow colleagues while sharing your own ah-ha moments

ABOUT LAURIE

Laurie Hall, a certified facilitator, certified coach and seasoned speaker, founded New Horizon Strategies in 2011 to inspire sustainable change in the professional world. Laurie has almost 2000 hours of professional coaching experience, applying Socratic questioning to help clients seek their own answers. She coaches clients from Fortune 500 companies in the U.S. and around the world.

She is a frequent keynote and breakout session speaker on technical and motivational topics to inspire personal and professional growth. Laurie brings a unique perspective to coaching and facilitation since she spent the first part of her career in project- and system-level engineering and management, facilitation, and organizational development to support human life in space and operational excellence on the ground. Her work effected change at NASA's Johnson Space Center, Lockheed Martin, Jacobs and Schlumberger.

Laurie received her Master of Science in Technical Management from Embry-Riddle Aeronautical University and Bachelor of Science in BioProcess Engineering from Kansas State University. She is an ICF Professional Certified Coach (PCC).

Registration Link: https://us06web.zoom.us/meeting/register/tZAvceGrpzssH9you6t9zsC7nhCIzua_ALqT